

Cultivating Communities Program

COMMUNITY SUPPORTED AGRICULTURE



The Friends of P-Patch Cultivating Communities program is looking for households interested in purchasing subscriptions for weekly organic produce grown by Seattle Housing Authority residents participating in community supported agriculture (CSA) enterprises in Rainier Vista, New Holly, and High Point communities. Cultivating Communities is a collaboration of the Friends of P-Patch, City of Seattle Patch Program and the Seattle Housing Authority. Earth Ministry assists with CSA subscriber marketing through local churches.

WHO ARE THE FARMERS?

The farmers are recent immigrants from Southeast Asia growing produce on land within the Seattle Housing Authority communities of New Holly, Rainier Vista, and High Point. Most of the growers have been involved with the garden for one to four years and have farming experience from their native country.

WHAT IS A CSA AND WHAT ARE THE BENEFITS OF SUBSCRIBING?

A CSA is a marketing technique where local farmers provide fresh produce to paying subscribers. The subscriber receives a bag of seasonal produce each week. By purchasing a subscription, you get to see where and how your food is grown, and are guaranteed fresh, organic produce. You help to guarantee an income for local farmers. The growers also have an opportunity to practice their English speaking skills with their customers. You will have an opportunity to sample unfamiliar produce, and earn new recipes.

WHAT KINDS OF PRODUCE WILL I RECEIVE AND HOW MUCH DO I GET?

Produce will include traditional vegetables and herbs of the American diet such as lettuce, onions, peas, basil and carrots, as well as Asian vegetables like bok choy, and mustard greens. Each week you will receive one grocery bag of seasonal produce which feeds 3-4 adults. Many households find that they cannot consume all of the produce in a week and choose to share it with one or two other households.

WHAT DOES IT COST?

It costs \$410 for 22 weeks of produce. You can make a \$205 down-payment and pay the balance by May 5th. Other payment schedules may be arranged.

WHEN IS THE PRODUCE READY AND WHERE DO I PICK IT UP?

<u>Garden</u>	<u>Location</u>	<u>Location of Pick-Up</u>	<u>Pick-up Times</u>	<u>Start &amp; End Times</u>
<b>Rainier Vista Sunrise Garden</b>		33 <sup>rd</sup> Ave S & S Oregon	Thursdays 5-7 p.m.	<b>May 27<sup>th</sup>-Oct. 21<sup>st</sup></b>
<b>New Holly Most Abundant Garden</b>		Just north of the intersection of S Myrtle & 37 <sup>th</sup> Ave S	Thursdays 5-7 p.m.	<b>May 27-Oct. 21<sup>st</sup></b>
<b>St. Andrews Episcopal Church</b>		111 NE 80 <sup>th</sup> St.	Saturdays 10 a.m. – dusk	<b>May 27-Oct. 21<sup>st</sup></b>
<b>St. Theresa Catholic Church</b>		3416 E Marion ST	Sunday 10 a.m.—12 Noon	<b>May 25-Oct 19th</b>
<b>High Point Market Garden</b>		32 <sup>nd</sup> Ave SW & SW Juneau	Wednesdays 5-7 pm	<b>May 26<sup>th</sup> -Oct.20<sup>th</sup></b>

I WANT TO SUBSCRIBE. WHOM DO I CALL?

Call Martha Goodlett, Program Manager, at (206) 684-0540 for more information or to request an application form. For Marketing & Subscription related questions, please call Michelle Jones at (206) 427-9228.